

## Decluttering questions to ask myself:

- ( ) Have I used or admired this in the last year?
- ( ) Can it be replaced for \$20 or less? Borrowed?
- Do I want to continue to manage & care for this?
- ( ) Would I purchase this again?
- ( ) Am I keeping this out of guilt?
- ( ) If someone gave me \$ would I part with it?
- ) Could someone else use or love it more?
- ( ) Do I want to have to handle this item again? (Or would I rather make the decision now?)

"I forgive myself for mistake purchases, taking more than I need or letting clutter interfere with having a peaceful home. Today is a new day. I forgive myself."